

ARMY SONGS.

HEAVEN PREPARED FOR ME.
(Tunes.—Elbow, 30; Mighty to keep; Song Book, 635.)
How happy every child of grace,
Who in the world he comes to!—
The earth, he sees, is not my place,
I seek my place in Heaven!
A country far from mortal sight,
Yet, Oh, by faith, I see
The land of rest, the saints' delight,
The Heaven prepared for me.

A stranger in the world below,
I only to earn here,
Nor can its happiness or woe
Provoke my hope or fear.
Its evils in a moment end,
Its joys as soon are past;
But, Oh, the bliss to which I tend
Eternally shall last.

MY HOME IS IN HEAVEN.
(Tunes.—My home is in Heaven, 253;
Song Book, 634.)
I have a home that is fairer than
day,
And my dear Saviour has shown me
the way;
Oft it seems sad and temptations
arise,
I look to my home far away.

Chorus.
My home is in Heaven, there is no
parting there,
All will be happy, glorious, bright,
and fair;
There'll be no sorrow, there will be
no tears,
In that great home far away.
Friends I shall see who have journeyed before,
And landed safe on that beautiful shore;
I shall see Jesus, that will be my joy,
In that bright home far away.

Oh, who will journey to Heaven
With me? Jesus has died that we all may go
free.
Come, then, to Him who has purchased for you
A crown in that home far away.

WILL YOU GO?
(Tunes.—We're Travelling Home,
128; Behold the Lamb, 122;
We're travelling home to Heaven
above.)
Will you go?
To sing of Saviour's dying love,
Will you go?
Millions have reached that blissful shore.
Their trials and their labours o'er,
And yet there's room for millions more.

Will you go?

We're going to see the bleeding Lamb.

Will you go?

Ir rapturous songs to praise His name.

Will you go?

Our sun will then no more go down,
Our moon no more will be withdrawn,
Our days of mourning ever gone.

Will you go?

Oh, could I hear some sinner say,
I will go!

I'll start this morn, clear the way,
Let me get on.

My old companions, fare you well,..
I will not go with you to hell,

I mean with Jesus Christ to dwell;
Let me go!

For Sale—Splendid lantern and go
slides in good condition, O.K. for an
Officer's what offer; no reasonable
offer will be accepted. Write J. Boleyn,
Commander, P. D. Island.

PUBLIC RECEPTION TO
Commissioner & Mrs. Richards

MASSEY HALL
Thursday, December 3rd, at 8 p.m.

HIS WORSHIP THE MAYOR OF TORONTO, H. C. HOCKEN,
ESQ., WILL PRESIDE.

THE CANADIAN STAFF SONGSTERS

Massed Bands, Women's Chorus, Children's Choir, and Representative
Canadian Group will render Patriotic Musical Programme.

NEWSLETS.

(Continued from Page 8.)

Adjutant and Mrs. Weir have been
appointed to Brandon, Man., and
Adjutant and Mrs. Jynnes go to
Regina, Sask.

Ensign Oldford has erected an
Officer's Quarters at Tilley's Island,
Newfoundland.

Capitals and Mrs. Jones go to
Neepawa, Man., and Captain Chat-
terton and Lieutenant Snell go to
Westaskiwin, Alta.

Captain Roe writes from Salis-
bury Camp, England, to say that he
put in a full day at Devizes Corps,
and took part in the effort to raise
funds for equipping The Salvation
Army Ambulance, which are to be
sent to the front. The Corps Officer,
he says, is going to take the Band
to the Camp.

The father of Ensign Bertha
Thompson recently passed away at
Simcoe, Ont., also the father of Mrs.
Ensign Jordan, in Newfoundland.
Our deepest sympathy is extended to
our comrades.

We regret to hear that Lieutenant
Linton has had to enter a hospital.
Pray for all our sick comrades.

The Young People's Department
has issued a poster to be exhibited
in every Hall for the Corps Cadet
Sunday, which will be observed on
Nov. 29th.

BRIGADIER DRIGGARD,
(Captain Cox will accompany.)
Saskatoon, Nov. 26; Regina, Nov.
27.

BRIG. AND MRS. BETTRIDGE.
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Temple, Nov. 20.

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STORMING ENEMY'S TRENCH

Surprising Victories and many Captures

New Offensive Tactics are Begun

TWO MONTHS' CAMPAIGN.

MEETING OF ALLIES.

Special Effort Being Put Forth by Ottawa, Ont., Comrades.

Five Enrolments at Portage la Prairie, Man.

Taking advantage of "Go-to-Church Sunday," we launched a special two-months campaign on Sunday, Nov. 8th, Lieut.-Colonel Scott, the "War Cry" Editor, came with us for the first Sunday, and gave a very interesting lecture on "The Romance of Soul-Saving." The Colonel also visited White Prison Farm, and company with several of the comrades. A Soldier's Roll Call meeting, which was well attended, was held on Monday, and on Thursday night the Rev. Yale, of the Presbyterian Church, conducted a revival meeting. Mr. Watt, of the Alpha Street Mission, conducted another revival meeting on the Saturday night, and two drunkards claimed conversion.

Despite the rain we had good meetings on Sunday, Nov. 15th, and five souls surrendered, while on Monday, at the Love Feast, we had three more surrenders. Tuesday's meeting (16th) was conducted at the home of Sister Elford, and was led by Envoy Coult. We are in for great times.

AWAKENED.

Numerous Surrenders at Nanaimo.

We have been having surprising victories during the last few days. A number of the Soldiers who have been in the background for some time, have been wonderfully awakened, and are again on the firing line. One comrade who has been a backslider for fifteen years, has returned to the fold, and boldly testifies in the open air, in the very streets where he used to mix with worldly companions.

On Saturday, Nov. 14th, a tall man, a regular giant, who had been a slave to drink, surrendered, and is doing well. Sunday recorded more victories, for in the afternoon a sister got another who had been a backslider tested. Two young men surrendered on Sunday night. T. S. W.

NAVAL MEN FAREWELL.

Several Souls Surrender at Chance Cove, Nfld.

We had three souls at the front on Sunday evening, Nov. 1st, two of them being Naval Servicemen. A farewell meeting was held on Monday evening, Nov. 2nd, for three of our naval comrades who have now left for the war. There was one surrender—A. R. S.

QUEBEC, QUE.

There have been five surrenders—four sisters and a brother—this week. Will the comrades pray for our Corps? We need your prayers very much. Lieutenant Kimmins is leading on, and working hard, and we have his brother forward to the front. We may have a Band of Comrades in our Corps. We

ADJUTANT TRICKY ADDRESSES OWEN SOUND, ONT., AMBULANCE MEN.

The Ladies' Aid held a very successful social meeting recently, which included a musical programme on the Saturday evening. On Sunday last there were two surrenders. The Adjutant addressed the St. John's Ambulance men at night, taking for his text, "Quit you like men" on which he spoke with much power. Sister Mrs. A. Pountney and Mrs. E. Fennell were greatly affected at the thought of their husbands' fight for the war, but the Soldiers are doing all that lies in their power to cheer and comfort them.

A SOUP-POD MEETING.

ROUNDS TIMES AT ST. JOHN I., N.B.

We are having blessed times with our new Officers, Captain Forsyth and Captain McDonald. At the Holiness meeting on Friday, Nov. 13th, we had a seeker for Sanctification and on Wednesday (17th) we held a "Pot of Soup Meeting" which was attended. The "Soup-pot" was presided over by Captain McAmmond, assisted by Lieutenant Edwards, and we also had with Envoy Lane and Sister Cora Taylor. Varied and interesting were the songs of soup passed out to all who wished, and we are looking forward to coming times this winter.—G. L.

ON MOUNTAIN-TOP.

RE-OPENING OF ROSLAND, B.C., BY CAPTAIN KERR.

Once again The Army Flag flies, and The Army drum beats, in the streets of Rosland, B.C. Captain Kerr, who has been transferred from the Social Work to the Field made the opening, and after his arrival he worked hard and had time to speak at a service. His lecture on "Sister Annaiget, the Indians of Alaska" was much enjoyed, and brought a large attendance on a stormy night. We are believing for coming times.—W. K.

STELLARON, N. S.

Major Hay concluded the week-end service at this Corps on Nov. 11th, when we had a good time. The indoor meeting which preceded an outdoor, at which Major made use of his concertina, was a success. The inside meeting was well attended, and everyone enjoyed the Major's talk on the Social Work.

FORT WILLIAM, ONT.

ADJUTANT HOWELL LEADS GOOD MEETINGS AT CALGARY I., ALTA.

Adjutant Howell led the meeting on Sunday, November 8th, and we had a good time. His text in the morning meeting was "O ye of little faith," and he spoke of the excesses men give for neglect of Salvation. Four soul pardon at the close of

—F. B. L.

ADVANCES.

SISTER AT WEYBURN, SASKATCHEWAN.

Get into the routine of Monday night meetings are led by the comrades. Tuesday night Soldiers is also being regularly held, and People's Work is also increasing, and we have had great attendance, and we are now week by week.

and Mrs. Delainoff, of Lawrenceville, spoke of the Empress in the morning two souls

standing and another came

for Salvation; yet another

in the afternoon, and

the meeting led by Broth-

ers and Steel, two more

—F. G. F.

FAR EAST.

CAPTAIN PARKER AT LONDON, ENGLAND.

A farewell meeting, Peach, who, we say, has received

news, was held on the Saturday evening.

On Friday, Nov. 13th, the

Capitain Parker was

during her stay in Eng-

land, found a place to

work hard to help

and during her stay

has been promoted to

the new Officer.

Her meeting came to the front in

the conversation.

The meeting

continued right until the Junior

was due to commence.

At the meeting lasted till mid-

night, and two young men were

converted, and three comrades

Major Harr of the

and led the meeting

well attended. On Saturday

we had the pleasure

backsliders at the

and Mrs. Earle at Port

The Major gave his

from the Congreg-

on the Monday

which is newly built,

also smashed our

target, realized the

of dollars.

RE-SURRENDER.

BACKSLIDERS RE-SURRENDER.

Truro, N.S.

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FOUR SEEDERS.

MAJOR Crichton AT PORT PEACOCK.

Port Peacock were with

the Holiness meeting on Sunday

and we had a fine

and the service was

well attended. Major Harr

led the meeting, and

the Major gave his

from the Congreg-

on the Monday

which is newly built,

also smashed our

target, realized the

of dollars.

SHARDED TARGET.

BAPTIST CHURCH AT TRURO, NOVA SCOTIA.

Good meetings have

been had for the last few

months, and quite

the numbers are

increasing.

Major Harr of the

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FOUR AT PORT NORLAND.

BAPTIST CHURCH AT PORT NORLAND, ONT.

Brigadier Green Vi-

Brigadier and

their brother Major

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Feeding A Million Men

WHAT THE SOLDIER EATS.

(Continued from last week)

THIS brings the army ration of fuel, supplies, and equipment down to practically an irreducible minimum of five main fuel-sugars, lacking any one of which disease and breakdown are certain—bread, beef, fat, sugar, and either fruit juice or vegetables.

Even such a trifling ingredient as bacon is absolutely essential, and its absence is immediately felt. On one of the wonderful fast forced marches, which established the world's records for infantry, a division of Stonewall Jackson's famous "foot-cavalry" left its wagons so far behind that it was forced to live for three days on nothing but great corn, pickles, and bacon in the saddle. When the men struck the supply train their first wild rush was for the salt barrels, which they stoe in at once; and, as soon as the salt in handfuls, they licked it up as eagerly as colts from a clover field.

Beginning with bread, every imaginable grain, nut, root, pith, or pulp is used, and is used as a substitute out as a substitute for it, because these are either cheaper in proportion to their starch content than wheat or can be grown in climates and latitudes where wheat will not flourish. Corn has been tried in the subtropical regions, the tropics, oats, rye, and barley in the north temperate zone, potatoes, sugar from the palm, and tapioca from the manioc root.

Only the net result can be given here, which is that no civilization has ever been raised that can raise the money or provide the means of transportation to get wheat until it is discovered on any other yet discovered or invented grain or starch. Rice, corn meal, potatoes, sago, and tapioca are, of course, ruled out at once, because they contain only starch and nothing to match in the slightest degree the twelve per cent protein of grain or vegetable food, that gives what its supreme value.

After our first food analyses a desperate attempt was made to substitute corn for wheat, because it contained from five to seven per cent of protein—called zein—a perfectly good protein in the books and in the laboratories—but it failed and was a failure in the field. Finally, on it promptly showed signs of nitrogen starvation; and, about eighty years later, up came our physiologists with the belated explanation that, though zein was a right-angle protein in composition and chemical structure, only about a third of it could be utilized in the human body.

As for the northern grains, barley, rye, and oats, which also contain some gluten, these are all inferior to wheat—rye and barley on account of low protein content and corn, oats, and rye, on account of their indigestion and gases which distract the digestion; and on account of the irritating bitter extractives with which their high percentage of protein is combined. No body but a Soothsayer can live on them, and it has taken general mass of training to enable even him to do it.

The next foundation stone, for which the economists endeavoured to substitute something else, just as good and far cheaper, was beef; and this noble standby holds its own like the Rock of Gibraltar. No other food has fat—protein, salt, game, fish, or other animal substance,

would take its place for a moment, partly because they are lacking in certain elements necessary for nutrition and partly because they contain some poisonous flavouring substances, extractives or split proteins which promptly upset the digestion and the health when they are used in the amount of diet.

For campaign purposes, as an indispensable staple, bacon is perhaps even more valuable than beef, because it is twice as nutritious in proportion to its bulk, will keep in any climate, can be cooked any old way, and yet be good, may be dropped in the river, run over by a mule, left out in the rain all night or in the sun all day, and yet be perfectly good chock—yes, "hyas skoompum chock," "beep bully good grub," when cleaned, trimmed, and fried.

Besides, it has the great advantage of containing the record of civilization and of containing the record of digestible, digestible fats as well, and it can be used for frying or as shortening in bread or biscuits. Bless be bacon! Like beef, it boasts the one great and only unmistakable earmark of permanent value—you can eat it once a day all the year around and never tire of it. But is even this dietic trinity of

Home Again—Off Again

THE PROPERTY AND IMMIGRATION SECRETARY TALKS OF HIS TRIP TO ENGLAND.

LI CHATTERED with several who were able to speak English." "What about London and International Headquarters?" "London is a very dark place at night, and the street lights are extinguished, and no walking or saloons are allowed outside shops or saloons. This makes the streets very dismal. As regard Headquarters, business is going forward very much as usual, though the staff is somewhat reduced." "The General?"

"I have been much burdened with the additional difficulties caused by the war. He is facing things bravely, however, and in a conversation with me expressed himself very highly regarding the future. I might mention also that he had a conference with the Chief of the Staff, who is looking remarkably well and fit. The part of my business was with Commissioner Lamb, and I spent a good deal of time in conference with him over next year's Emigration affairs. He hinted that he might be paying another visit to Canada early next year. Among other things, we discussed on the war, the Mississabie on Dec. 15th, and everyone was much relieved to learn that it was a British ship."

"How did you find things in England?" we asked. "Well, of course, there was a good deal of excitement everywhere over the war, and military preparations were such in England that it was told that numbers of Salvationists and Officers and Soldiers had been called to the colours, and that numbers of others had volunteered their services as Red Cross workers."

"I came across several of the Canadian contingents, some of whom told me that they were Salvationists. The Army is doing splendid work at the various military camps."

"Did you say anything to the Belgian refugees?" "Yes, I visited Southend to do the week-end meetings, and took the opportunity of visiting Hadleigh Farm Colony. Here I saw quite a number of refugees, and about two hundred wounded Belgian soldiers,

bread, beef, and sugar, with coffee and dessert on the side, sufficient to mar the pleasure."

And the busy, off to other nations, rush through a week-end that day in the early days the new soldier in the soldier's diet used to be supplied in the form of grog—beer, wine, whisky, and up to about one hundred years ago alcohol in some form was considered to be an absolutely indispensable part of the army ration.

Gradually, however, and by bitter experience, it was realized that alcohol's way of steadyng and supporting the nerves was to narcotize them; that it gave no nourishment to the body and, instead of improving the digestion and utilization of food, really hindered and interfered with the assimilation of nutriment, causing to drink as well as to eat, but what can be found as a substitute?

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PUBLIC RECEPTION TO
COMMISSIONER and MRS. RICHARD
MASSEY HALL, Thursday, December 3rd, at 8 p.m.

HIS WORSHIP, MAYOR HOCKEN, WILL PRESIDE

Programme of Music by The Canadian Staff Singers

A REPRESENTATIVE GROUP OF THE CANADIAN TERRITORY.

300 Bandsman :: Women's Chorus of 150 Voices :: 100 Juvenile
MASSED BANDS WILL PLAY FROM SEVEN-THIRTY TO EIGHT O'CLOCK.

ARMY SONGS.

FROM EVERY STAIN MADE CLEAN.

Tunes—For ever with the Lord, 68;
Song Book, 430.
From every stain made clean,
From every sin set free;
O blessed Lord, this is the gift
That Thou hast promised me.
And pressing through the past
Failure, fault, and fear,
Before Thee Cross my soul I cast,
And dare to leave it there.

From Thee I would not hide
My sin, because of fear
What men may think, I hate my
pride.
And as I am appear—
Just as I am, O Lord,
Not what I'm thought to be;
Just as I am, a struggling soul,
For life and liberty.

HAVE YOU ROOM FOR JESUS?
Tunes—Room for Jesus, 153; Never
can tell, 146.
Have you any room for Jesus—
He who bore your load of sin?
As He knocks, and lets admission,
Sinner, won't you let Him in?

Chorus.
Room for Jesus, King of Glory;
Hasten now! His word obey!
 Swing your heart's door widely
open!
Bid Him enter while you may.

Rooms for pleasure, room for business,
But for Christ the Crucified—
Not a place that He can enter;
In the heart for which He died!

Have you any time for Jesus,
As in grace He calls again?
Oh, "To-day" is "time accepted";
To-morrow you may call in vain.

Room and time now give to Jesus;
Soon will pass God's day of grace;
Soon your heart be cold and silent,
And your Saviour's pleading cease.

HARK, HARK, MY SOUL!
Hark, hark, my soul! what wailings
songs are swelling.
Through all the land and on from
door to door;
How grand the truths those burning
strains are telling
Of that great war till sin shall be
no more.

Chorus.
Salvation Army, Army of God;
Onward to conquer the world with
Fire and Blood.

THE WAR CRY

CIAL GAZETTE OF THE SALVATION ARMY IN CANADA AND NEWFOUNDLAND

General Headquarters: 108 Queen Victoria St., London, E.C.

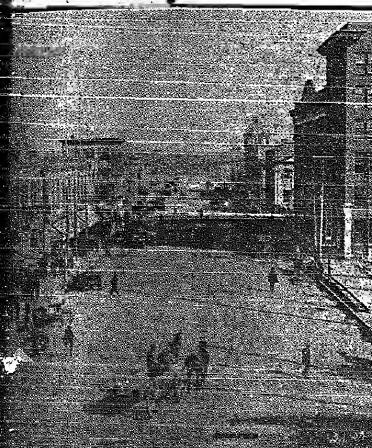
Territorial Headquarters: James and Albert Sts., Toronto.

No. 11. Brainwell Booth, General

TORONTO, DECEMBER 12, 1914.

W. J. Richards, Commissioner. Price Two Cents.

Cities Visited by The Commissioner on the Way to Toronto



A FIELD DAY.

Dominion Alliance Representatives
Speak at Midland, Ont.

Sunday, was Dominion Alliance Field Day, we were visited by two representatives, the Rev. William Kettlewell and the Rev. Dr. Ross, who spoke with force on the temperance question, and referred to the Salvation Army as "the largest and best temperance society in the world." Finances were good.

Conquerors at last, though the fight
Was hard and weary,
Bright day shall dawn, and sin's
dark night be past;

Our battles end in saving sinners
victory,
And Satan's kingdom down shall
fall at last.

ORANGEVILLE, ONT.—Sunday, Nov.
15th, was a day of blessing at this
Corps. Lieutenant Simco gave a
very interesting talk night. We
have organized a Band of Love
Class—1. J. J.

NOTICE.

Captain Hazel Lorimer, of Rock-
land, Me. etc., U.S.A., would very
much like to exchange an American
"War Cry" for a Canadian "Cry."

Bid Him enter while you may.

Rooms for pleasure, room for business,
But for Christ the Crucified—
Not a place that He can enter;
In the heart for which He died!

Have you any time for Jesus,
As in grace He calls again?
Oh, "To-day" is "time accepted";
To-morrow you may call in vain.

Room and time now give to Jesus;
Soon will pass God's day of grace;
Soon your heart be cold and silent,
And your Saviour's pleading cease.

HARK, HARK, MY SOUL!
Hark, hark, my soul! what wailings
songs are swelling.
Through all the land and on from
door to door;
How grand the truths those burning
strains are telling
Of that great war till sin shall be
no more.

Chorus.
Salvation Army, Army of God;
Onward to conquer the world with
Fire and Blood.

FOUR WEEKS TO CHRISTMAS

ONLY A SHORT TIME TO MAKE PREPARATION FOR
CHRISTMAS PURCHASES. DO YOUR SHOPPING EARLY,
AND AVOID THE CROWD. SELECT FROM A LARGE AND
VARIED ASSORTMENT OF USEFUL ARTICLES FOR SAL-
VATIONISTS.

Xmas Post Cards,	2 for 5c
	10c to 15c
Reliance Self-Filling Pens, \$2.50	
Post Cards of Canada's New Commissioners, each,	5c
Bonnets, quality 6, sizes 4, 5, and 6	\$7.50
Bonnets, quality 4, sizes 4, 5, and 6	\$5.50
Chip Hats, sizes 4, 5, 6	\$2.75
Felt Hats, sizes 4, 5, 6	\$2.75
Scripture Texts and Mottoes	5c to 75c
Band Caps, sizes 6½ to 7½, \$2.25	
Soldier's Caps, sizes 6½ to 7½ paid	\$2.00

SASKATOON.

THE CHIEF SEAT.

Toronto Officers' Council, Dec. 13;
Chamber of Trade, Temple, Dec. 13.

LIEUT.-COLONEL & MRS. H. C. H. YOUNG,
Yorkville (Toronto).

LIEUT.-COL. & MRS. H. C. H. YOUNG,
Parliament St., Dec. 13.

LIEUT.-COLONEL & MRS. H. C. H. YOUNG,
Industrial Corps, Dec. 13; Parliament
St., Dec. 13; Parliament St., Dec. 14
4 and 11. (The
Meeting of the Industrial
Division.)

BRIGADIER H. C. H. YOUNG,
Temple, Dec. 20.

BRIG. AND MRS. H. C. H. YOUNG,
Stratford, Nov. 29.

Nov. 29. Chatham

BRIGADIER & MRS. H. C. H. YOUNG,
East Toronto, Dec. 13.

BRIGADIER H. C. H. YOUNG,
(Captain Eastwell)
Women Cadets will
Tecumseh St., (Toronto).

MAJOR AND MRS. H. C. H. YOUNG,
Thornhill, Dec. 6, 13.

MAJOR AND MRS. H. C. H. YOUNG,
Minico, Dec. 6th.

Mrs. Blanche
St. Dec. 6th
at only

WINNIPEG.



REGINA.